Learning Activities for Supervisory, Management, & Executive Training & Development
(Estimated Time Conversion)

NOTE: All below (or other) learning activities must address one or more of the 27 OPM Core Competencies, be directly linked to the employee's 360° Assessment feedback dealing with Non-Technical Training, and be approved by the employee's supervisor as part of their annual Learning Contract.

Learning Activities that meet the 24 hour requirement:

* 1 semester college or university class relating to leadership competency
* 2-3 week developmental assignment that focuses on specific competency improvement
* Attend 3-5 day seminar on leadership competency improvement
* Read or listen to 3 books
* 24 hours of being coached and/or working with mentor
* On-line training course with projected completion time of 24 hours
* Self-study course that requires 24 or more hours to complete
* Join an active community group/association that involves 24 hours of related leadership services
* Serve as a mentor or coach for 6 months

Learning Activities that meet the 16 hour requirement:

* 1 week developmental assignment that focuses on leadership competency improvement
* Attend 2 day seminar on leadership competency improvement
* Read or listen to 2 books
* 16 hours of being coached and/or working with mentor
* On-line training courses with projected completion time of 16 hours
* Self-study course that requires 16 hours to complete
* Obtain a 1 year subscription to a management/leadership magazine and read it regularly
* Join an active community group/association that involves 16 hours of related leadership services

Learning Activities that meet the 8 hour requirement:

* Read 16 magazine or newspaper articles on leadership or management
* Attend 1 day seminar on specific competency improvement
* Read or listen to 1 book
* 8 hours of being coached and/or working with mentor
* Complete 1 day seminar
* On-line training course with projected completion time of 8 hours
* Self-study course that requires 8 hours to complete
* Join an active community group/association that involves 8 hours of related leadership services